

SOTHYS FACE & BODY TREATMENTS

SEASONAL FACIAL TREATMENT

60mins \$130

Enquire about our latest Sothys seasonal facial treatment offering. The theme of our seasonal treatments update bi-annually with hero ingredients inspired by nature, designed to treat seasonal skin concerns.

CUSTOMISED FACIAL THERAPY

30mins \$80 60mins \$130

(Complimentary eyebrow wax, foot soak and scrub included in 60 minute treatment)

Let your therapist prescribe a personalised facial treatment that suits your individual skin care needs. Incorporating a double cleanse, exfoliation, deep pore cleansing, intensive ampoule complex, relaxing massage and treatment mask.

COSMECEUTIQUE RX TREATMENT

30mins \$85

(As an add-on to any facial treatment - \$30)

Sothys high performance clinical skin treatment offers exceptional results on sun-damaged and prematurely ageing skin. The peel may assist in unclogging and smoothing oil-congested skin refining the texture of open pores. Not recommended for sensitive skin.

BRIGHTENING INTENSE PEELING & VITAMIN C TREATMENT

60mins \$165

This facial treatment includes a resurfacing peel and Vitamin "C" infusion for a radiant and glowing complexion. It will also help to improve your collagen structure and reduce uneven pigmentation. Includes complimentary foot soak and scrub.

HYDRA3 FOR DEHYDRATED SKIN

75mins \$185

(Includes eyebrow wax)

The Hydravance Professional Treatment, combined with the expertise of your trained therapist, is designed to leave your skin feeling plump, radiant and hydrated. Includes complimentary foot soak and scrub.

PRO YOUTH INTENSIVE TREATMENT

75mins \$185

(Includes eyebrow wax)

A powerful, targeted treatment designed to combat the signs of ageing delivered with patented actives (BP3 TRI COMPLEX) and expert application methods. Ultimate relaxation for visibly younger skin with clinical tests showing up to 6 years off the visible age of the skin following the recommended three treatment course. Includes complimentary foot soak and scrub.

INTENSIVE EYE CONTOUR TREATMENT

30mins \$75 75mins \$115

(As an add-on to any facial treatment - \$35)

Combining science and nature this intensive salon-only treatment assists in alleviating the visible signs of ageing around the eye. Fine lines are smoothed, dark circles appear lightened and puffiness is reduced.

PERFECT V-SHAPE NECK & DÉCOLLETÉ TREATMENT

60mins \$100

From the cheekbones to the bust, this treatment has been specially designed for those who want to preserve the youth of their face shape and décolleté. A professional treatment in 3 stages; exfoliate, massage, double-mask. This treatment has a double mission to offer a tightening and toning effect. Includes complimentary foot soak and scrub.

BODY SCRUB TREATMENT

60mins \$110

Rejuvenating and spicy body ritual based on Oriental traditions, the journey starts with a delicious exfoliating body scrub, followed by nourishing, velvety body moisturiser application. A relaxing, sensorial escape with delicious essential oils of ginger, nutmeg, mandarin and orange.

ORIENTAL SENSATIONS BODY SPA RITUAL

75mins \$160

A journey of total relaxation to ease body tensions with essences of Amber & Myrrh. The treatment begins with an exfoliating gel containing aromatic essences and enzymes that gently removes dead skin cells, enhanced with a terracotta stone to increase dead skin cell removal. Warm towels remove the exfoliant then warmed oil with date and amber extract is massaged into the body with smoothing movements...a delicious escape! The exfoliating stone is our gift to you then collect some Amber & Myrrh product to continue your aromatic experience at home.

DETOX ENERGIE INTENSIVE TREATMENT

75mins \$185

(Includes eyebrow wax)

Sothys Detox Energie Intensive Treatment helps the skin to defend itself against the harmful effects of environmental stress & pollution which can accelerate skin ageing. An essential treatment for the management of skin ageing, to balance the skin microbiome and boost skin energy.

OMNILUX LIGHT THERAPY

A course of Omnilux light therapy treatments will leave you with beautiful glowing skin as a result of the LED phototherapy, hydrating and plumping the skin by stimulating collagen in the dermis.

Omnilux treatments are a relaxing and calming experience while naturally stimulating the body's own cellular mechanisms in a non-invasive and non-abrasive way.

OMNILUX ADD ON

30mins \$100

To amplify results we recommend adding on Omnilux Light Therapy to any of our facial treatments. You'll leave the salon with clearer, brighter and smoother skin, with that radiant 'Omnilux glow'.

OMNILUX LIGHT THERAPY TREATMENT

60mins \$120

Includes a double cleanse, light therapy treatment, followed by an application of a suitable moisture protective and SPF

4 WEEKS TO GLOW PACKAGE

60mins (per session) \$760

(Total of 8 sessions - Save \$200)

4 Weeks to Glow Package includes two Omnilux light therapy treatments a week for 4 weeks (total 8 treatments). A treatment course of 8 sessions done closely together achieves fantastic results, both immediate and long term.

MICRODERMABRASION

Microdermabrasion is an intensive skin resurfacing treatment and lymphatic drainage treatment which works by exfoliating away the surface of the skin to remove the superficial top layer of dead skin cells. This process stimulates new, healthy skin cells to come to the surface, leaving you with smoother and younger looking skin. Great results are achieved in the treatment of skin pigmentation, scarring, congestion, uneven skin texture and premature ageing.

For best results a course of six or more treatments is recommended, on a fortnightly basis.

MICRODERMABRASION ADD ON

20mins \$50

Add on Microdermabrasion to any facial treatment

Your therapist will customise a treatment to suit your skin care needs

MICRODERMABRASION FACIAL TREATMENT

40mins \$100

Incorporating a double cleanse, hydrating mask and a relaxing neck, shoulder and scalp massage.

Your therapist will customise a treatment to suit your skin care needs

MASSAGES

Massage encourages your body and mind to deeply relax while also assisting in the release of muscular tension. Your massage journey is customised to relax, detoxify, relieve tension, or to simply comfort.

Choose one of our massage treatments that best suits you.

RELAX EXPRESS

30mins \$80

The Experience

Feel stress melt away with a nurturing GGB relaxing express massage. The perfect express pick me up, this 30 minute relaxation treatment relieves tension and calms a busy mind with the use of doTERRA essential oils and placement of warm Basalt stones.

The Benefit

Stress is relieved and tension eased. For those short on time, this massage is designed to ease tight muscles through the neck, shoulders and upper back.

TOTAL RELAXATION

60mins \$120

90mins \$180

The Experience

A 60 minute or 90 minute full body massage using doTERRA essential oils to calm and relax a busy mind. Warm Basalt stones centre, heal and ground the body, leaving you feeling recharged and empowered.

The Benefit

Deep full body relaxation. Body is nourished. Mind is nurtured. Feel stress melt away with this nurturing massage designed to induce full body relaxation.

SOOTHING STONES

90mins \$175

The Experience

This 90 minute intensive, full body massage treatment uses a combination of warm stones to release tension and restore energy, soothing stones and healing the body from head to toe. Warm Basalt stones ground and centre you, whilst your therapist works the stones deeply into the muscles, stimulating acupressure points to rebalance the body, dissolving tension and stress.

The Benefit

Deep muscle relaxation promotes healing, restores energy and improves vitality. A massage to leave you floating, calm and centred,

PAMPER & PLATTER PACKAGES

Indulge on your own or with a friend in one of our two large treatment rooms.....Perfect Gift Idea! Goodness Gracious Beauty's Pamper & Platter Packages are designed to offer you the ultimate choice in our treatment range. If you cannot find a package that suits please call our staff and we will customise a treatment for your special occasion.

1 GIRLS DAY OUT PACKAGE

2hrs - \$225 (per person)

60 min Customised Facial
Buff and polish hands and feet
Complimentary glass of champagne/wine
Berry Special Cheese Platter & Chocolates

3 EYE MAKE OVER PACKAGE

1hr 15mins - \$130

Intensive 30 min eye contour treatment
Eyelash tint, eyebrow tint and eyebrow tidy
Complimentary glass of champagne/wine
Berry Special Cheese Platter & Chocolates

5 A DATE AT THE SPA COUPLES PACKAGE

1hr 30mins - \$190 (per person)

30 min Customised Facial
Body Scrub
Complimentary glass of champagne/wine
Berry Special Cheese Platter & Chocolates

2 PRE BRIDAL RADIANCE PACKAGE

4hrs - \$425

Oriental Sensation Body Treatment
60 min Customised Facial
Deluxe Manicure and Pedicure
Complimentary glass of champagne/wine
Berry Special Cheese Platter & Chocolates

4 GET READY TO PARTY PACKAGE

1hr 30mins - \$140

Buff and Polish Hands and Feet
Techno Spray Tan
Complimentary glass of champagne/wine
Berry Special Cheese Platter & Chocolates

6 BERRY ESCAPE SPA PACKAGE

2hrs - \$300

Oriental Sensation Body Treatment
60 min Customised Facial
Complimentary glass of champagne/wine
Berry Special Cheese Platter & Chocolates

HAND & FOOT THERAPY

Deluxe manicure (1hr) <i>Includes cutical work, file, buff, massage, exfoliation & polish</i>	\$70	Deluxe pedicure (1hr 15mins) <i>Includes cutical work, file, buff, exfoliation, massage, mask & polish</i>	\$80
Spa manicure (45mins) <i>Includes cutical work, file, buff, massage & polish</i>	\$65	Spa pedicure (1hr) <i>Includes cutical work, file, buff, exfoliation, massage & polish</i>	\$75
Buff & polish hands or feet <i>Includes file, buff & polish</i>	\$45	Buff & polish hands & feet <i>Includes file, buff & polish</i>	\$80
Shellac buff & polish hands or feet <i>Includes file, buff & polish</i>	\$65	Shellac buff & polish hands & feet <i>Includes cutical work, file, buff & polish</i>	\$120
Paraffin wax treatment (<i>add on</i>)	\$12		

EYE ENHANCING TREATMENTS

Eyebrow tint	\$20	(with facial)	\$14	Eyebrow wax & eyebrow tint	\$40
Eyelash tint	\$30	(with facial)	\$14	Eyelash & eyebrow package <i>Includes eyelash, eyebrow tint & wax</i>	\$55
Eyelash & Eyebrow tint			\$45	Elleebana lash lift (includes eyelash tint) <i>Give your natural lashes a longer, luscious looking appearance</i>	\$95

WAXING FOR HIM

Shoulder wax	\$28	Full leg wax	\$82
Neck wax	\$19	Brow tidy	\$20
Back, neck & shoulder wax	\$50	Middle brow tidy	\$12
Chest & stomach wax	\$55	Half arm wax	\$40
Half leg wax	\$48	Full arm wax	\$50

WAXING FOR HER

Eyebrow wax	\$23	Lower half leg wax	\$43
Lip wax	\$20	Upper half leg wax	\$50
Chin wax	\$20	3/4 leg wax	\$55
Sides of face & chin wax	\$40	Full leg wax	\$75
Eyebrow & lip wax	\$40	Half leg & bikini wax	\$65
Eyebrow, lip & chin wax	\$50	Full leg & bikini wax	\$85
Underarm wax	\$24	Bikini line wax	\$35
Half arm wax	\$35	G-String bikini wax	\$45
Full arm wax	\$45	Brazilian wax	\$60

MAKEUP

*Napoleon Perdis Makeup is exclusively used to create a personalised look for your special occasion.
(In salon prices only)*

Bride trial makeup (1hr 30mins)	\$120	Mother of the bride & groom (45mins - 1hr)	\$85
Bridal makeup on the day (1hr in salon)	\$130	Special occasion / glamour makeup (1hr)	\$90
Bridesmaid makeup (45mins - 1hr)	\$95	School formal/ Debutant makup (1hr)	\$80
Professional makeup lesson <i>We'll teach you everything you need to know about makeup</i>	\$120	False lash application <i>Individual Strip Lashes</i>	\$20 \$20

TECHNO SPRAY TANS

\$45

TechnoTan have developed a range of unique blends to suit all skin types. All TechnoTan's tanning solutions are created using the finest naturally derived botanical and certified organic ingredients. Techno Tan is vegan friendly.